

Keeping Our Families and Communities Healthy

Contact tracing is a confidential process that has been used by public health departments for decades to slow the spread of infectious disease and avoid outbreaks. The more people who answer the call, the more lives and jobs California saves.

HOW DOES CONTACT TRACING WORK?

If you test positive for COVID-19:

Separate yourself from those in your home and avoid contact with others to prevent the spread of COVID-19.

Your local public health department will contact you.



They will connect you to medical care and help you find resources and support if needed. They may stay in touch with you to see if you're okay.

They will ask about places you have been and the people you have spent time with recently. Your information is confidential and will not be shared, and you will not be asked about your immigration status.



Those people will be told they may have been exposed, but they will **NOT** be told your name or any personal information.



If you have been in contact with someone who has tested positive for COVID-19:



You will receive a call from a public health worker who will help you understand next steps.

They will provide access to testing at no cost to you and medical care, if needed. You will also be asked to separate yourself from others in your home to protect those around you.



They will stay in touch to see if you develop symptoms or need access to help.



